

FOODATHON 3.0

[Event Report]

After one year wait, Kerala Veterinary and Animal Sciences University – Verghese Kurien Institute of Dairy and Food Technology (VKIDFT), in association with AFSTI, Thrissur Chapter and Decathlon , proudly presented **Foodathon 3.0 ‘RUN FOR FOOD SAFETY’**, a marathon dedicated to creating awareness about the importance of safe food and healthy living.



KERALA VETERINARY AND ANIMAL SCIENCES UNIVERSITY
VERGHESE KURIEN INSTITUTE OF DAIRY AND FOOD TECHNOLOGY

IN ASSOCIATION WITH
AFSTI Thrissur Chapter
KERALA FOOD SAFETY DEPARTMENT, THRISSUR
&
ASSOCIATION OF FOOD SCIENTISTS AND TECHNOLOGISTS (INDIA), THRISSUR CHAPTER

WORLD FOOD SAFETY DAY'26
FOODATHON 3.0
RUN FOR FOOD SAFETY

10KM RUN
7KM (UNDER 15)

SPORTS PARTNER
DECATHLON

SPONSORED BY
KSFCE CROSSG SBI

07 JUNE SUNDAY, 6 AM
VETERINARY COLLEGE GROUND,
MANNUTHY

foodathon3_0@gmail.com
@FOODATHON2026

REGISTRATION
₹ 449
INCLUDING JERSEY
LAST DATE OF
REGISTRATION
03/06/2026

REGISTER NOW

PH NO:
VISHNU : 9061537176
NANDANA: 9037818064

CATEGORIES
BELOW 15yrs (7 KM)
15-29yrs
30-49yrs
50 and above

CERTIFICATE, MEDAL,
REFRESHMENT WILL BE
PROVIDED TO ALL PARTICIPANTS

VEARA STUDENTS' UNION 25-26

PRIZES WILL BE PROVIDED
FOR FIRST THREE POSITIONS
IN ALL CATEGORIES

On June 7, as part of the celebrations of **World Food Safety Day '26**, the grand opening event, **FOODATHON 3.0**, was conducted under the slogan “**Run for Food Safety**” The event featured a **7-kilometer (Under 15)** and a **10-kilometer (above 15)** marathon. The initial poster and T-shirt of Foodathon were presented to **District Collector of Thrissur, Mrs. Shikha Suredran IAS**, later officially released them to the public.

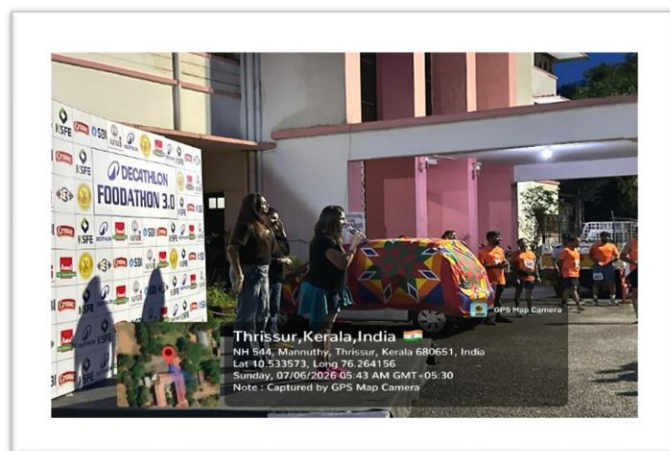
The event attracted around **400 participants**, who were categorized into four age groups:

- Below 15 years
- 15–29 years
- 30–49 years
- 50 years and above

Registration commenced on **May 12** and concluded on **June 3**, supported by energetic canvassing efforts carried out by VKIDFT students. On **June 5 and 6**, participants collected their bibs and T-shirts from the distribution centre at Decathlon, Thrissur. The process proceeded smoothly through the coordinated efforts of the student volunteers.



On **June 7**, the event began gracefully with enthusiastic participation from runners and an energetic Zumba session held at **5:30 a.m.** in front of the Veterinary College. The session was conducted by **Ms. Zin Sreelakshmi** and **Ms. Zin Roma**, whose encouraging performance energized the participants before the race. The event was anchored by **Ashmy Abraham** and **Alfa Rahman**.



At **6:00 a.m.**, District Collector Mrs. Shikha Suredran IAS, along with Dr. A K Beena, Dean, VKIDFT; Dr. P.Sudheer Babu, Associate Patron, VKIDFT; Dr. Nisha A. R., Director of Students Welfare; Dr.Vrindha K Menon, President AFSTI Thrissur Chapter proceeded for the flag-off ceremony.



The race was officially flagged off at approximately **6:05 a.m.**, allowing runners to take advantage of the pleasant early morning weather. The route started in front of the Veterinary College, passed through the Veterinary Hospital Gate, continued along the ESAF Bank Road, and proceeded to the service road towards Kerala Agricultural University. The **7 km route** made a U-turn beneath the overbridge at Kerala Agricultural University, while the **10 km route** extended an additional **1.5 km** before returning.

The course was largely flat and followed the highway service road, making it ideal for maintaining a steady pace. Nature cooperated with favourable weather conditions, contributing to an enjoyable running experience.

Safety and route management were excellent throughout the event. Volunteers were stationed at every major junction and crossroads to ensure runners remained on the correct path. Hydration stations were strategically positioned along the route and were well-organized, helping participants stay refreshed and energized. The marathon concluded without any major injuries or incidents.

Winners and Recognitions

Under 15 Boys

Position	Name	Time Taken
1st Place	Mr. Adarsh E D	33 min 15 sec
2nd Place	Aryan P Sujit	34 min 09 sec
3rd Place	Rahul Krishna R	34 min 44 sec

Under 15 Girls

Position	Name	Time Taken
1st Place	Ms. Devangana Vinod	43 min 11 sec
2nd Place	Aroma	44 min 20 sec
3rd Place	Fathima Sumayyah T N	53 min 45 sec

15-29 Category Men

Position	Name	Time Taken
1st Place	Vishva Palanivel	37 min 40 sec
2nd Place	Muhammed Yasin	38 min 47 sec
3rd Place	Shalu	40 min 55 sec

15-29 Category Woman

Position	Name	Time Taken
1st Place	Priya Sreenivasan	54 min 36 sec
2nd Place	Pooja Sree	1 hr 06 min 02 sec
3rd Place	Anupama K S	1 hr 08 min 04 sec

30-40 Category Men

Position	Name	Time Taken
1st Place	Jomon Thomas P J	38 min 33 sec
2nd Place	Rojish Raj	39 min 57 sec
3rd Place	Arunjith Unnikrishnan	40 min 10 sec



30-40 Category Women

Position	Name	Time Taken
1st Place	Shyma I K	56 min 32 sec
2nd Place	Saritha Sijo	1 hr 02 min 43 sec
3rd Place	Silpa Harish	1 hr 09 min 56 sec



50 & Above Category Men

Position	Name	Time Taken
1st Place	Renjith Murugan	43 min 47 sec
2nd Place	Ranjith M B	45 min 26 sec
3rd Place	Gireeshkumar M R	46 min 29 sec

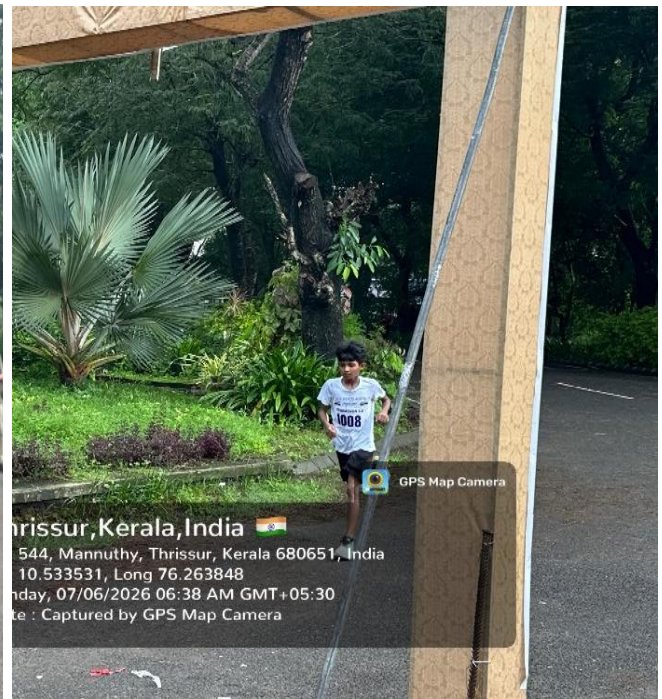


50 & Above Category Women

Position	Name	Time Taken
1st Place	Jaimol K Joseph	1 hr 02 min 52 sec
2nd Place	Lovely Johnson	1 hr 05 min 11 sec
3rd Place	Sheela Tanjith	1 hr 16 min 21 sec

Medals and certificates were awarded to every participant who successfully completed the race.

Special mementoes were presented to **Vinod E C**, a differently-abled participant, in recognition of his inspiring determination and spirit. The **oldest participant, P S Krishnan** aged **73**, and the **youngest participant, Nihal K Jithin**, aged **5**, were also honored with special mementoes.





During the event, mementoes were presented to **District Collector Shikha Suredran IAS**, the **Zumba Team**, and the **Physio Therapist Team** by **Dr. A K Beena**, Dean, VKIDFT; **Dr. P.Sudheer Babu**, Associate Patron, VKIDFT; and **Dr. Vrindha K Menon** President of AFSTI Thrissur Chapter.

By 7:25am the prize distribution ceremony was attended by **Dr. A K Beena**, Dean, VKIDFT; **Dr. P Sudheer Babu**, Associate Patron, VKIDFT; **Abhay**, member of **Decathlon**; and staff coordinator **Dr. Jose Mathew**.

The arrangements did not end at the finish line. By **8:15 a.m.**, the event had been completed successfully, and participants were treated to a wholesome and delicious breakfast. The food was plentiful, tasty, and exactly what the runners needed after completing the race.

The success of the event can be credited to the dedicated efforts of the student coordinators **Nandana V R** and **Vishnu Mohanan** from the **2023 batch**, whose planning, commitment, and tireless work ensured the smooth conduct of the program. They were supported by staff coordinators **Mr. Bharath K R** and **Dr. Jose Mathew**.

The volunteers working under various committees contributed immensely to the event's success. They were not merely volunteers but the backbone of the entire program, ensuring efficient management and coordination at every stage.

Foodathon 3.0 was proudly organized by **VKIDFT** in association with the **AFSTI Thrissur Chapter**.



The organizers express their sincere gratitude to **Amul, KSFE, State Bank of India, Crosso, Fitness Zone, Chit Chat Bakers, and Rams Rehab – Physio Team** for powering the event through their valuable support. Special thanks are also extended to **Decathlon**, the Sports Partner of the event, for promoting the spirit of fitness and sportsmanship throughout the marathon.

The successful completion of Foodathon 3.0 once again highlighted the importance of food safety, healthy living, community participation, and physical fitness, making it a memorable celebration of World Food Safety Day '26.

